

# Join us for our First Annual Wine, Cheese & Art Fall Fundraiser



Mark your calendars, Saturday October 24th (7pm -10pm) is the first Autism Movement Therapy Inc. Wine, Cheese & Art Fall Fundraiser. A special evening of jazz music and live dance performance. Plus raffles & a silent auction. R & R Arts Center 15359 Cohasset Street, Van Nuys, Ca 91406 Tickets are \$25.00 per person. Children under 12 free. Purchase your tax deductible tickets now.

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## October Newsletter

[Autismmovementtherapy.com](http://Autismmovementtherapy.com)

October 2009

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### Join our list

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**"Joanne's DVD clearly encourages movement on both sides of the body, alone and together, which is a brain exercise in mainstreaming the two hemispheres. Done at the child's own pace in their natural and undistracting environ, will allow them to optimize the benefits of movement therapy. The particular process of AMT deserves its place in the home learning environment for individuals with ASD."**

-Sharon Hensel-Cohen M.S., C.C.C. (Licensed Speech/Lang Pathologist)

aut-erobics® is a new, first of its kind, music and movement sensory integration Workout DVD that is FUN. It is divided into 3 easy to follow progressive levels & can be done in home, school or office [...more](#)



Dear Joanne,

Fall is in the air! It's such a beautiful loving time of the year when we as families and friends come together to celebrate, receive thanks and give to one another, our communities and the world.

Spotlighted in this issue is Dr. KayDee Caywood, Associate Professor at National University and lead faculty for the Autism Certificate.



You will also find information on the November orientation for Nicky's World, a new voice for the special needs community, headed by my friend and esteemed colleague, director Sharon Hensel-Cohen, as well as a Foxnews.com feature story on Autism Movement Therapy written by me, the new stat's on the prevalence of autism and more.

Don't forget to purchase your tickets for the Autism Movement Therapy fall fundraiser on Saturday October 24th.... we hope to see you all there for fun, food, music and much much more....

Have a safe & Happy Halloween!!!!

And as always, thank you for your continued support, we couldn't do it without you!

Autism is all of our responsibility!

Sincerely,



Joanne Lara, MA  
President, Autism Movement Therapy, Inc.



Please consider making Autism Movement Therapy, Inc. your cause!

We appreciate your generosity in our continuing support of autism research, environmental reform & community outreach!

Together we can make a difference!



### Autism Education Certificate Program

#### At National University

This certificate is designed for those interested in finding out more about working with and teaching those that fall within the Autism Spectrum Disorder. The four course sequence is designed to provide the student with an orientation to the terms and the characteristics involved, assessment and behavior management interaction strategies, a variety of teaching strategies, and train necessary skills in collaborating with parents and families of those in the spectrum.



**Credentialed teachers may add this certificate to enhance their knowledge of teaching those in the field.**

[Find out more about the program here.](#)

Dr. KayDee Caywood

Dr. Caywood earned her Ph.D. in Special Education from UCLA/CSULA and her MS in Special Education from the University of Wisconsin, Oshkosh. She worked extensively with one of the leading pioneers in the field of autism, Dr. Bernard Rimland, in the mid 1970's. Dr. Caywood is on the Council for Exceptional Children, a recipient of a Pettingall Award and is an Associate Professor at National University. She is the lead faculty for the Autism Certificate at National University.

KayDee Caywood, Ph.D.  
Associate Professor, National University  
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Lead Faculty Los Angeles & Sherman Oaks Campuses  
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### Nicky's World Director: Sharon Hensel-Cohen M.S.,C.C.C.

Building a Community for Limited Communicators & Their Families



Mission: To provide the individual and their family with a place of their own where they can grow literacy, communication, friendships and a community to turn to and support them in order to improve their quality of life.

Every beginning is couched by the knowledge that the "Only constant is Change". Nicky's World is intent on supporting this community of limited and/or non-verbal individuals and their families to develop and move towards resolution of their needs, while supported by professionals and families whom are all experts in this area. The concept of Nicky's World was built with the idea that a community without voice was isolated and had little hope to grow towards quality of life and change in all environments. Nicky's World will have classes, parental and professional presentations and workshops, support groups, family outings, drum circle, music and movement classes and much more! Membership will have tiers of involvement based upon class attendance, both without and/or with minimal charges.

Join us for our **Open House** for food, fun and information on **November 1, 2009 from 3-6 pm at Nicky's World** find out more about our goals and plans (**18719 Calvert Street Tarzana, Ca. 91335**) and RSVP to [nickysworld.sharon@gmail.com](mailto:nickysworld.sharon@gmail.com) with the number attending. This will be an 'adult only' open house. Family open house will follow in the spring. Looking forward to seeing you!

**Joanne Lara will be teaching Autism Movement Therapy classes:**  
**Friday 2:30- 3:15pm**  
**Saturday 10:00 - 10:45am**

### America's Giving Challenge on Facebook

Autism Movement Therapy, Inc  
Bringing dance, music, movement & the arts to the autism community. Please go to [America's Giving Challenge](#) for Autism Movement Therapy!



Joanne Lara MA, is an adjunct professor at National Universities in Los Angeles, California. Lara earned her master's in Special Education; Moderate/Severe & Multiple Disabilities from California State University, Northridge and her B.A. in Education from the University of South Florida. She holds a California Moderate/Severe Education Specialist K-12 teaching credential and taught in the Los Angeles Unified School District for over 10 years, where she worked exclusively with students with autism. Founder of Autism Movement Therapy and [aut-erobics](#), Ms Lara teaches Autism Movement Therapy classes in Van Nuys, Ca where she has her private consultation practice. For more info call 323 240-0361 or visit [www.autismmovementtherapy.com](http://www.autismmovementtherapy.com) or [www.theautismexpert.com](http://www.theautismexpert.com)

# Happy Halloween

557655 Leroy Haynes Center 5-25 6x2 sherry • sgvn JR

Special to limited! Reserve your seat today!

**LEROY HAYNES** PROGRAMS FOR THE DEVELOPMENT OF CHILDREN

STRENGTHENING MIND & SPIRIT

This free workshop will be held on Thursday May 28th from 5:00-8:00 p.m. Contact the LeRoy Haynes Center School for Autism 233 West Baseline Road La Verne, CA 91750 (909) 593-2581

School for Autism Presents

**'Autism Movement Therapy' – a 'whole brain' approach to cognitive re-mapping**

**You are invited to the sixth** in a new series of free training and informational workshops for parents and teachers of children who have or may have autism. This workshop will feature Joanne Lara, M.A., founder of the concept of "autism movement therapy" and former Moderate/Severe Education Specialist for the Los Angeles Unified School District.

Joanne Lara is available for speaking engagements, workshop seminars, lectures and private assessment & consult. <http://www.autismmovementtherapy.com>



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